

Speculative Realms

THURSDAY, DECEMBER 23, 2010

Return of the Lensmen: Emma and the Tin-Foil Hat

by Gary Haden

"From what qualified investigators such as David Jacobs have found," states inventor Michael Menkin on his [blog](#), "there is a race of aliens from a distant planet, with a very advanced technology and knowledge of mental activity, which found its way to the earth and is preying on our race."

The tremendous psychic powers of these alien beings are most impressive to Mr. Menkin, whose belief seems to be that the goblins interfere with even our ability to effectively think about the extraterrestrial hypothesis.

The reader is advised that, if Mr. Menkin is correct, Goblin psychic mind control activity may be impacting their critical faculties as they peruse this very article *and any other article critical of those brave souls, like Dr. David Jacobs of Temple University, who battle alien abduction!*

"The aliens have immense powers of the mind," Menkin continues in the same [piece](#). "That is where they are most advanced and baffle many investigators, abductees, and cause doubt in people with no knowledge of them. Prof. David Jacobs explains alien telepathic abilities and development in detail on his website, [ufoabduction.com](#)."

Menkin is quick to point out that, in fact, we are at war with these powerful mind-reading beings from another world. He frankly states on his [website](#), in a tract entitled *The Telepathic War with the Aliens*, that "[o]ur war with these beings is one of mind control, mind scan, and telepathic control, as reported by Budd Hopkins, David Jacobs and Raymond Fowler. I call this type of conflict 'telepathic war' to differentiate it from a 'technology war.' A 'telepathic war' uses telepathy as a weapon in addition to the machines of a 'technology war.' Until now, the creatures abducting us could do so at will: they could 'switch off' people or render them powerless, manipulate people's thoughts and cause them to move against their will, project mental images to us, masquerade as a friendly or sexually attractive human, and scan our entire minds."

Sounds like they could be anybody.

In an interview Menkin posted on his [website](#), in a nested segment entitled "From an interview with David Jacobs On 'The Threat' By UFO Journalist Sean Casteel", alien-abduction book writer David Jacobs proclaimed that "[y]ou've got to remember these beings are telepathic beings. They tap right into your thoughts."

"I don't want anybody tapping into my thoughts," Dave Jacobs defiantly states.

Enter good soldier Mike Menkin, using his phi beta kappa mind to summon forth a defense against vicious beings from beyond. In a [July, 2001 report to MUFON](#), Menkin declares that these Goblins "behave more like Nazis than anything else."

Clearly, aggressive countermeasures were called for. In scheming a strategy, Menkin recalls the work of science fiction writer



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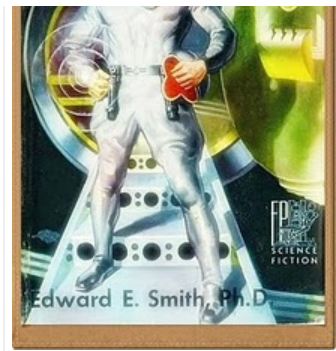
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E.E. Smith and his tales of telepathic wars with brainy hobgoblins from Planet X.

“All of Smith’s Gray Lensman novels,” Menkin states in his [blog post](#), “were full of telepathy, telepathic encounters, mind control, telepathic people, and the use of telepathy as a weapon. ‘Thought screens up, men. We’re going in to attack!’ can be found throughout his science fiction series. To combat telepathy and telepathic control of the villains, Smith had his hero, Kinnison, wear a thought screen. It is from Smith’s novels that I developed a real thought screen.”



Old Lensman Cover--Photobucket

If you’ve got a funny feeling developing at this point, you’re on the right track. Mike Menkin did indeed create a latter day tin-foil hat to combat Alien Mind Control.

Menkin invented what has become known as the Menkin Helmet, a conceptual rip off of such fictional mind control disruptors as Smith’s Thought Screens, Phil Dick’s *Probe Screen Hood*, or Edmond Hamilton’s *Control Helmet*. (See the same as listed at [technovelgy.com](#), a site Menkin refers to on his webpage.)

Just in case you think this all a tad over-the-top, keep in mind that Menkin’s first attempt at a “thought-screen helmet,” prototype #1, was indeed composed of, in part, “20 sheets of aluminum foil.” Subsequent iterations deployed static shielding, eventually graduating to the use of Velostat, a carbon black impregnated packaging material used to transport electronic components in need of protection from electrostatic discharge.



The Tin Foil Hat in "Signs"

“Velostat is a type of plastic normally used to prevent static electricity damage to electronic components during manufacture,” Menkin himself explains in his [Report on alien abductions and the Thought Screen Helmet](#). “The

Velostat material I use comes in sheets .006 inch thick. I will not attempt to give you a technical description but suffice it to say Velostat is a material which permanently changes the characteristics (‘phase’) of any electrical transmission which passes through it.”

“I believe the Thought Screen Helmet works,” Menkin postulated in the above report, “because the Velostat scrambles the telepathic signals being transmitted by the aliens.”

In a [May 30, 2008 \(mp3\)](#) appearance on Night Search Radio, history PhD David Jacobs stated, at point 00:31:39 in the audio, in a transcription taken from Emma Woods’s Draft Submission to the Office for Human Research Protections, that he thought that “Mike Menkin years ago figured out something that most people just don’t even think about. And he figured out that ... the way in which you can try to stop abductions, is to prevent them from ... controlling you. And, he understood ... obviously, that this was a neurological situation. And he understood that some sort of energy was being used to do that. So, what he did was he began to make caps, helmets, hats ... however you want to call them, that look sort of like World War II, you know, fliers caps[.]... And they’re made out of leather, and sometimes not leather. And ... an enormous amount of people actually felt that ... this was helping. And ... *I had encouraged him from the beginning*, because I personally think that ... he’s on to something. Now... the helmet looks ridiculous. And, you can’t walk out in public wearing one ... unless you

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want to wind up wearing a ... straight jacket. ... [B]ut ... it helps people, and ... even if it doesn't help, it gives them a sense of ... comfort. But ... he has quite a lot of testimonials about ... how people feel that ... it has stopped it [abductions] while they're wearing the hats. Now, you can't wear the hat 24/7. And, you can be abducted almost at any time, except in a work situation, or when you're with other people. ... [B]ut ... he is onto something."

The emphasis was supplied.

In early 2004, "Dr." David Jacobs prescribed a thought-screen helmet for his client, Emma Woods.

Emma and the Tin-Foil Hat

"This hat acts as an electromagnetic shield, a kind of Faraday Cage," Menkin wrote in his 2001 MUFON Report. "It is called a helmet, not a hat because it is used for protection. Webster defines a helmet as 'a protective covering for the head.' The thought screen helmet might be considered 'telepathic armor.'"

In early 2004, David Jacobs mentioned Mr. Michael Menkin to Emma Woods and said that he believed Menkin had contrived a way to circumvent alien abduction. He asked if she would be willing to try wearing one of Menkin's "helmets" and Emma agreed to try it. David Jacobs made arrangements with Michael Menkin to construct a Menkin Helmet for Emma Woods. Menkin lined a leather hat with velostat and sent it to Jacobs who subsequently sent it to Emma Woods.

Emma had a bad reaction to the leather. She tried covering it with foil to cover the smell, which she found offensive. Unfortunately, she discovered doing that increased the level of heat generated by the contraption and she decided to send it back. She had also experienced nausea and head spinning, which apparently were feature reactions to the helmet by some people who tried it.

Reason being, failing penetration, the Aliens increased their microwave emissions to full power, thereby, no doubt, straining the EMF surrounding the abductee, and discombobulating the victim's sense of balance.

"[S]ome abductees reported headaches and nausea while wearing it," Menkin stated in his [Report](#). "I surmised the aliens were increasing the power of their transmissions in an attempt to defeat the Helmet. Increasing the power did not defeat the Helmet; however, it did cause headaches and nausea in the abductee."

"There is nothing magical about what aliens do or what they are," Menkin explains in his MUFON Report. "They are not paranormal or 'interdimensional.' They have very advanced technology and knowledge of the mind, but they are real creatures subject to real scientific laws. Ohm's law for us, $V = I \times R$, where volts equals current in amperes times the resistance in Ohms, is still Ohm's law for the aliens. It does not change. Scientific laws are constants for the aliens as well as for humans."

"Dr. Jacobs told me," Emma Woods states in her draft OHRP submission, "that Mr. Menkin had offered to make me a second helmet, this time using a cotton hard hat liner, which I would be able to wear. Dr. Jacobs subsequently sent me the second helmet[.]"

Emma tried the second Menkin Helmet she was sent.

"At some point during the night, I woke up suddenly and knew that the helmet was undone." Emma Woods states in her draft submission. "I felt as though I had to do it up. I put my hand up to the helmet, and found that it was undone. I did it up, and then I went back to sleep."

"I do not have any other conscious memories of unusual events happening during the night while I was wearing the helmet."

Menkin's published report of that night differed considerably from Emma's account.

In his [Report on alien abductions and the Thought Screen Helmet](#),

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Menkin states that:

"In the case below, two adult alien-human hybrids removed a Helmet from an abductee before they took her. This suggests to me the hybrids cannot control her when she wears a Helmet even when they are in the same room with her," he explained.

"In this case," Menkin continued, "Prof. Jacobs was working with the female abductee who wanted to try the Helmet. After trying the leather aviator's cap Helmet she said she was allergic to leather and could not wear it. I then made a Helmet using a cotton hard hat liner with a velcro strap at the throat. Because of the design of the liner, I could not put the same quantity of Velostat into the liner that I put into a leather hat, so it had less protection."

"The liner may have worked initially," Menkin asserted, "but because it was secured only by a small Velcro strap the woman wearing it let the hybrid pull it off. The woman sent the Helmet back. I replied I would make another Helmet using several straps that could be secured more strongly, but she did not want to try another hat."

Emma Woods states that Mr. Menkin had also published an account of her experiences with his helmet on his website.

"On the *Home* page of Mr. Menkin's website, at <http://www.stopabductions.com>," Emma Woods reported in her draft submission to the Office of Human Research Protection, "under the subtitle A Record of Success, he says that the helmets have effectively stopped 'aliens' from abducting or controlling 'abductees', and that there have been only four failures reported since 1998. He says that two of these failures have involved 'hybrids'."

Emma Woods further explained that "[t]he first 'failure' involving 'hybrids' that Mr. Menkin refers to, is the occasion when I wore the second helmet on the night of September 27/28, 2005[.]" She states in the draft submission that she "had a nightmare about a 'hybrid', that Dr. Jacobs subsequently conducted a hypnotic regression on[.]"

She goes on to report that Mr. Menkin stated on his website the following:

"In 2005, a cloth helmet with a smaller area of Velostat, which had a Velcro strap, was easily removed by an alien-human hybrid."

"However," Emma Woods commented in her draft submission to the OHRP, "Mr. Menkin's account is inaccurate, because I did not remember the helmet at all under hypnosis . . . let alone remember it being 'easily removed by an alien-human hybrid.'"

Emma contacted Mr. Menkin and requested that he remove the inaccurate account of her experience with his helmet from his website. It is important to point out that the account no longer exists there.

But it was not immediately removed. Emma Woods encountered resistance to her request.

"In regard to your account of the event [involving the hybrid] on your website, and in your article [the *Report* cited above]," Emma wrote Menkin in an e-mail, "I notice that you say that I let a hybrid pull the helmet off. I should stress that even during the hypnosis session itself, I did NOT recall this. In fact, I did NOT remember anything about the helmet at all under hypnosis."

"I probably undid the helmet myself, or took it off, while I was asleep," she wrote. "In retrospect, I do not believe that 'hybrids' had anything to do with it."

Mr. Menkin replied in an e-mail Emma Woods ascribed to him in her draft submission that "[u]nless I talk to you on the phone and to Prof. Jacobs, I can't verify that you are who you say you are and that you are telling me the truth. The hard hat liners have a velcro strap and are very easy to remove. At the time, I interpreted it to mean that a hybrid removed it. I can't change [the article in JAR](#). I can only change my own report on the site. From what you say, it is still possible that the hybrid removed it. I don't think it is inaccurate. I can only say that the abductee

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MONSTERTALK

was not sure what happened. My original impression was that the hybrid removed it.”

Startlingly, Menkin next claimed, according to the same quoted e-mail, as documented in Woods’s Draft Submission to the OHRP, that Emma Woods had been *brainwashed*.

“I regret that you did not want to try another hat,” Ms. Woods documents him as saying in the e-mail, “which I offered to make. I can assume another thing from your email and your actions: *the aliens did get to you and change your mind. You may be under their control now I may also assume that possibility because you did not want to try another helmet. Real abductees want to stop the aliens, they don’t want to surrender. Think about it. You sound like you may be brainwashed.* That is a shame. I still make helmets and send them to abductees.”

Emphasis was supplied.

“I appreciate that you may not be sure that I am who I say I am,” Emma Woods wrote in reply. “However, in my previous email I sent you an excerpt from the report on my experience of wearing the helmet that Dr. Jacobs asked me to write, which he told me that he sent on to you. If you still have a copy of that report that he sent you, and you compare it to the excerpt that I provided, you will see that they are the same.”

In addition, Emma Woods reports that she sent Mr. Menkin, via e-mail, copies of e-mail exchanges between he and David Jacobs and between Jacobs and herself.

“[T]he question of what a ‘hybrid’ may or may not have done,” she wrote to Menkin, “from my perspective, is not a question. I do not believe that there ever was a ‘hybrid’ there in the first place. Period. In regard to why I stopped wearing the helmet, I found that I experienced nausea, head spinning, and loss of balance after wearing it for a while. I mentioned this in the report that I wrote, which Dr. Jacobs said that he sent on to you. That is why I stopped wearing it, not because the aliens got to me.”

“In regard to abductees wanting to stop the aliens, and not wanting to surrender, we have a fundamentally different view of it,” Miss Woods continued. “I personally do not share the negative view of the phenomenon that you appear to have. For a period, while Dr. Jacobs was conducting hypnosis with me, he engaged in extensive leading and suggestion about violence and abuse by “hybrids” *[sic]* As a consequence I confabulated many distressing memories along those lines. However, now that I know how much leading and suggestion was involved, I know that those memories are almost certainly false.”

“I will check my records but I do not remember seeing a report,” Mr. Menkin is reported as retorting. “I will keep my original statements. The original leather hat is lined with velostat, not mylar. Unless you are allergic to leather, there is no problem with the hat. I’ve been making them for ten years and nobody except you has reported chemical odors coming from a leather hat.”

“I believe Dave [Jacobs] said you were originally allergic to leather so you could not wear the hat. There was no mention of chemical odors at the time. From what I remember, you could not wear the leather hat at all, and Dave Returned *[sic]* it. I made a thought screen out of a hard hat liner, which has a small Velcro strap. I was told that they *[sic]* hybrid easily removed the helmet, you did not put up a fight at all and were taken. Those are the facts that I had at the time. I will not change them.”

In her draft submission, Emma Woods noted that Mr. Menkin’s statement that he was told hybrids easily removed the helmet does not cite Emma herself and she concludes that Menkin’s source could only have been Dr. David Jacobs. Her account of the event had been completely disregarded.

At the conclusion of his reply, Menkin repeats the charge that Emma Woods has been brainwashed. He states as documented in the draft submission that “[t]he leather hat and hard hat took me almost a day to make, all included. Not to mention that I paid for them with my own money, including the postage. Since you did not put up a fight, I think

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the aliens got to you. Your statement that you can write notes in your sleep is nonsense. I would expect you to have more gratitude for my efforts. Don't put anything past the aliens. They are masters at what they do. They are good at brainwashing. 'nuff said."

Emma Woods wrote Mr. Menkin back and stated that she felt he was being intellectually dishonest. She also wrote the *Journal for Abduction-Encounter Research* challenging the accuracy of Menkin's account, as published there, of her experience with the helmet in his [Report on alien abductions and the Thought Screen Helmet](#).

Paranoia and Spooky Thinking from a Distance

There is a sort of paranoid-schizoid motif behind the Menkin Helmet and the alien abduction project of David Jacobs. Not only could our thoughts be controlled by someone else, but the aliens could be anybody.

Even you or me.

"It's ... very dangerous to combat aliens from space," Menkin says on his [blog](#), "with their far superior mind abilities, knowledge of our mind functions, and their very advanced technology. I feel that I am in danger for combating them, especially from what they do to some people who successfully resist them Therefore I play it safe and keep my distance. Except for the first abductee I worked with, who I have lost contact with, I have never met anybody directly who wears a thought screen helmet that I made for them."

"While he admitted that the agenda behind ... hybrid integration remains a mystery," [George Knapp writes in a blurb](#) concerning a recent interview with Dr. Jacobs, "Jacobs was suspicious of it because of the ETs' clandestine nature and that, given their apparent abilities to control human minds, this hybridization has the potential to 'make us a second class species.'"

"[H]e lamented that the 'diabolical aspect' of . . . recent criticisms [of his work] is that they do indeed threaten to 'sully all of hypnosis and all of abductions.'"

Jacobs contended in his interview with Knapp that hybrids were on earth and were out to get him.

Jacobs is fond of noting that this latest iteration of hybrids are indistinguishable from humans. This, coupled with Menkin's schizoid establishment of an external locus of control for our thoughts, philosophies, ideas, critiques, dispossesses us and constitutes a new kind of red scare or mass hysteria.

As indistinguishable from humans as hybrids are, Jacobs is confident in his own skills at hybrid detection. In bloviating on and on about how aliens were obsessively protective of a hybrid involved with another of his clients, a client whose claims have been publicly disputed, Jacobs asserted to Emma Woods, as documented in Part I of her Complaint to the Office of Humans Research Protections, that "when people talk to me, it breaks the secrecy. And, they [meaning proper Gray aliens] normally wouldn't care, but when it comes to hybrids walking around ... then they care. Really. And they really, really, really care, because they know ... that I can go over there and visit that guy one of these days ... and I can blow his head off with a shot gun. ... I can interfere with that program if I wanted to, in some way."

Obviously, even in his typical blowhardiness, Jacobs feels he can tell the difference between a hybrid and a human, to the point of allowing him to be able to pick one out to blow away, if it came to that. The poor guy getting blown away doesn't even get a DNA Test.

It isn't contended that Jacobs *would* blow anyone away. It is contended that he'd like his client to think he would. He is, after all, a galactic hero. And anyway, it is understood, at least here, that the hybrids Jacobs talks about are not real.

- [Eugenius \(2\)](#)
- [Extradition Act of 2003 \(2\)](#)
- [Faith-based communities \(2\)](#)
- [False Memory \(3\)](#)
- [falsifiability \(1\)](#)
- [fermi paradox \(1\)](#)
- [Fluffcasts \(1\)](#)
- [Flying+Saucer+Nukes Psyops \(1\)](#)
- [Friday Fakes \(4\)](#)
- [Gameplaying \(1\)](#)
- [Gary McKinnon \(2\)](#)
- [Gender Issues \(1\)](#)
- [Girl Who Saved Her Own Life \(2\)](#)
- [Grays \(2\)](#)
- [Ham and Egger Review \(6\)](#)
- [Human Subjects Research \(2\)](#)
- [Humanity Plus \(1\)](#)
- [Hybridization-Dehumanization \(1\)](#)
- [Hyperbolic Chamber \(2\)](#)
- [Hypnosis \(7\)](#)
- [hypnotic regression fraud \(4\)](#)
- [Immigration Laws \(1\)](#)
- [Jeff Ritzman \(1\)](#)
- [Jeremy Vaeni \(1\)](#)
- [Jungian Compensation Theory \(2\)](#)
- [Karl Marx \(1\)](#)
- [Madonna Complex \(1\)](#)
- [Mary Magdalene \(1\)](#)
- [mass hypnosis \(1\)](#)
- [Matt Graeber \(10\)](#)
- [MLABs \(1\)](#)
- [Miracle Man \(2\)](#)
- [MMORPG \(1\)](#)
- [Moderation policy \(1\)](#)
- [monkey trial \(1\)](#)
- [moon anomalies \(1\)](#)
- [MPD \(3\)](#)
- [Multiple Personality Disorder \(4\)](#)
- [Munchausen Syndrome By Proxy \(1\)](#)
- [Music \(1\)](#)
- [Nazi Super Race Fantasy \(1\)](#)
- [New Normal \(1\)](#)
- [Night Terror \(2\)](#)
- [Nora D'Amico \(1\)](#)
- [Paracast \(3\)](#)
- [Paranoid Pomo \(1\)](#)
- [Paratopia \(2\)](#)
- [Perspectivalism \(1\)](#)
- [Psychosocial Hypothesis \(1\)](#)
- [Ray Kurzweil \(1\)](#)
- [Regan Lee \(1\)](#)
- [Reptilians \(1\)](#)
- [Repto-Religionists \(1\)](#)
- [Satan Shrinks of Texas \(2\)](#)
- [Satanic Ritual Abuse \(2\)](#)
- [Saucers of Mass](#)

The paranoia generated also happens to help sell ludicrous ideas. In a panic, a flock will follow any cuckoo who appears to know where he is going.

Could it be that Dr. Jacobs locates “diabolic criticism” within Alien Mind Control itself and is of the belief, like Mr. Menkin, that challenges to his theory are in point of fact the thoughts of the Goblins themselves, and not property of the babbling idiot critics themselves, who despite well-reasoned critiques, mindlessly spout whatever words the aliens put into their mouths?

Does Jacobs possess an ability to distinguish between human thoughts and hybrid thoughts equal to his fantastical acuity with regard to divining what body is human and what body is hybrid?

The very notion that he can implies a schizoid condition.

The Welsh UFO Community didn't think much of Mr. Menkin's helmet.

“UFO-SPOTTERS in Wales have been warned how to stop themselves being abducted by little green men – by wearing an easy-to-make helmet to block alien thoughts,” wrote [Darren Devine](#) in the July 20, 2008 Sunday Edition of Wales Online.

“US aircraft worker Michael Menkin,” Devine continued, “designs ‘thought screens’ to prevent alien abductions and believes people in Wales should make their own to avoid being captured by visitors from space following a spate of UFO sightings in South Wales.”

“Mr Menkin said given the level of UFO activity over Wales, people should make a thought screen. He said: ‘The people in Wales will benefit by making their own helmets.’”

“Everybody,” Devine reported Menkin as saying, “would be a lot safer if they had one in the house. There seems to have been more reports (of UFOs) lately in Wales and Scotland and the western half of the British Isles.”

“But Margaret Fry,” Devine continued, “of the Welsh Fellowship of Ufologists, dismissed the thought screens as ‘ridiculous’.”

“Mrs Fry, from Abergele, in North Wales, said: ‘I have seen UFOs, but I don't believe in crackpot ideas like this.’”

“It's ridiculous. People in the Welsh Federation have been investigating UFOs for 40 years and none of us subscribes to this nonsense.”

The Mechanical Failure of the Menkin Helmet

Let's set aside the silliness factor for a moment. Mr. Jacobs and Mr. Menkin have invited us out to play. Let's play Sancho to their Don Quixote.

Distinguished Lensmen, there appear to be a few practical deficiencies in the concept of the Menkin Helmet.

For instance, there are no relocation resources posted on Mr. Menkin's website for alien abductees. There is no cumulative data on how many of Lensman Menkin's clients packed up and left town.

The efficacy of the Menkin Helmet therefore depends on the Aliens conveniently forgetting where they parked. The premise is that these are an advanced race of beings, correct? They are theoretically a technologically advanced race, no doubt in possession of quantum computers with massive storage capacity. They aren't able to save an address? They aren't able to store three lines of text on computer?

These are supposedly mental super beings with advanced intellectual skills up to and including, it would follow, high definition memory recall. They would really forget where they parked?

How can anyone claim the Menkin Helmet is successful in stopping abductions?

Well, the reason for that is obvious.

- [Destruction](#) (1)
- [Science Fiction](#) (1)
- [scientific egomania](#) (2)
- [Scopes Trial](#) (1)
- [Second Skin](#) (1)
- [Self-Injury](#) (1)
- [Sideways Worlds](#) (2)
- [Singularity](#) (1)
- [skepticism](#) (1)
- [skeptics](#) (3)
- [Sleep Disorders](#) (1)
- [Source A](#) (1)
- [Special Compartment in Hell](#) (4)
- [Spooky Chronister](#) (1)
- [Spring Shadows Glen](#) (1)
- [SRA](#) (1)
- [Starlost](#) (1)
- [Super Bowl Predictions](#) (1)
- [Survival of the Fittest](#) (1)
- [T-Rex Reptilians](#) (1)
- [The Final Solution](#) (1)
- [The Pickerings](#) (1)
- [Thugs of the Universe](#) (1)
- [Toxic Slop](#) (1)
- [Transhumans](#) (2)
- [TV Horror Hosts](#) (1)
- [UFO Papacy](#) (1)
- [UFO Religion](#) (1)
- [Ufology](#) (1)
- [UFOOLogy](#) (2)
- [Virginia Creepers](#) (1)
- [World War III](#) (1)

The Menkin Helmet is a psychosomatic cure for a psychosomatic illness. The success Menkin claims for the helmet is due to the placebo effect.

It is like when your Mum decided to put a plate of cookies under your bed when you complained there was a Monster there. Your Mum told you the Monster would eat the cookies and not you. But just for safety's sake, she'd let Rover, the family retriever, sleep with you.

And when you woke up in the morning and checked the cookie plate the cookies were all gone. You were all happy now that the Monster was appeased. And so you left him cookies every night until you just stopped thinking about it.

Only later did you learn from Mum, when you two were musing about your childhood, that there was no Monster and Rover ate all the cookies.

Alien abductions, then, at least with the Jacobs-Menkin Clientele, are all in the mind.

The idea that aliens would forget where they parked and are dependent upon psychic ability alone, that they would be highly advanced but not advanced enough to do rudimentary recordkeeping allowing them to repeatedly return to the scene of their crimes is, of course, ludicrous. Equally ludicrous would be the claim, implicit in Menkin's documentation, that his client would not have to relocate, in addition to wearing the helmet, to prevent the abduction.

We are assuming, are we not, that what is abducted is the body as well as the mind?

If Menkin is willing to concede that abductions are entirely psychological phenomena and don't involve the body at all, then I congratulate him on his witty invention of a new and effective placebo.

That is apparently not what he and Jacobs contend. They insist on the physical reality of abductions and that the Menkin Helmet in fact stops abduction of mind and body alike.

But in order for the Menkin Helmet to perform that function adequately, it would have to have the capability of not just blocking Alien thoughts, but erasing Alien memory, erasing Alien hard drives, and erasing Alien address books.

No such claims are made by Menkin. Nor does he document any mass emigration in his client population in conjunction with their donning of his helmets. Nor does he supply friends, family, or work associates with helmets. He provides do-it-yourself instructions, but affords his clients no sense of exactly how massive an undertaking defending the realm would be.

The *Six Degrees of Kevin Bacon*, for instance, would necessitate equipping the entire population of the Planet with Menkin Helmets—depending, of course, on how widely Menkin and Jacobs sought to disperse the panic.

The Menkin Helmet is simply not up to the task.

In view of these concerns, the Menkin Helmet is either laughable, if you don't buy the paranoid-schizoid mind control motif it is generated from, or, if you're a devotee of the Church of Alien Abduction, a mechanical failure in need of redesign and augmentation. If an abductee is short of cash and cannot afford to move, it isn't very bloody likely a technologically advanced species with enough presence of mind to keep records would have any trouble returning to the scene



of the crime and repeating the same indignities Menkin and Jacobs are so fond of scaring people about.



Were the helmet a success, the Alien Hybrid who Menkin alleged ripped his contraption off Emma Woods's head shouldn't have been there in the first place.

For all its mechanical deficiencies, however, the Helmet does have its redeeming virtues.

For instance, it is quite a fashion statement—deserving of a spot on the Paris runways.

Sources

[Michael Menkin's Website](#)

[US boffin offers anti-alien hats to Welsh UFO buffs](#) Jul 20 2008 by Darren Devine, Wales On Sunday.

[Report on alien abductions and the Thought Screen Helmet](#) by inventor Michael Menkin. Reprinted with permission - All Rights Reserved JAR Magazine

[Report on Alien Abductions and the Success of the Thought Screen Helmet by the Inventor](#), Michael Menkin. Posted by Michael Menkin on March 14, 2009 at 5:41pm

Section 116 of Emma Woods's *Complaint to the Division of Compliance Oversight Office for Human Research Protections (OHRP)*, Part 1

Emma Woods's *Draft Complaint to the Division of Compliance Oversight Office for Human Research Protections (OHRP)*, Part 5

[MUFON 2001 REPORT ON THE THOUGHT SCREEN HELMET](#) by Inventor Michael Menkin

[Thought-Screen Helmets A Classic American Craft](#)

Posted by Gary Haden at 7:33 AM 

Labels: [David Jacobs](#), [Emma Woods](#), [Science Fiction](#)

20 comments:

 **Gary Haden said...**

To whomever it may concern,

I will be offline the next few days. Don't hesitate to comment. Comments will be published, if any, early next week.

Gary

December 23, 2010 8:06 AM

Carol Rainey said...

Reading this, I despair that human beings will ever come to know anything about this phenomenon—other than the apparent fact that when people are faced with a resonant mystery of human experience, most of them simply ignore it. They have no curiosity at all. At the same time, a small but noisy number of people react to the luminous by behaving like buffoons. The scenario above could come straight out of 17th century street theatre—commedia dell'arte.

January 21, 2011 9:09 AM

Michael Menkin said...

The aliens are not goblins. There is a photo of one on my website. I have 14 books to back up my claim.

I make helmets and send them all over the world to people for free, and it takes me over four hours to make one, not three as Gary lied.

Gary got it wrong. I have four web sites. He completely ignores my site, aliensandchildren.org and the NBC interview with the mother and child. He ignores all of the case histories on stopabductions.com and the testimonials too.

He just focuses on Emma Woods, whom I never talked to and who refused to talk with me.

The thought screen helmet works better with double insulated grounds, which indicates that it does receive a signal. Goblins can't send and receive signals Gary.

I also have people who were harassed and threatened by aliens and hybrids when they forgot to wear their helmets.

Gary writes like a gobblygook propagandist and ignores the information that I write on reports and on my sites.

The children who wore their hats to school but could not wear it when they were in school, were reported missing for 45 minutes many times by the authorities of the school.

If Gary wants to write an objective article, why doesn't he talk with the people who have worn the hats every night for years. I have them.

April 1, 2011 7:36 PM

Michael Menkin said..

Gary is not telling the truth on the blog. I have four websites, stopabductions.com, a Portuguese Translation and an Italian Translation, and alienandchildren.org.

Please see the interview taken by Seattle and Dallas NBC stations of the mother and daughter abductees. It was done in 2005 and they and the girl's brother still wear their hats at least every night.

Alien abductions are for real. The thought screen helmet is a real device. The case histories on stopabductions.com that Gary ignored, are also authentic and real.

April 1, 2011 7:39 PM

Michael Menkin said..

Two abductees who wore their thought screen helmets for several months forgot to wear them one night, and were subsequently beaten by alien-human hybrids.

I also have a woman who can only wear her helmet sporadically and she stopped trying to wear it because alien-human hybrids beat her in retaliation when they could.

They also harassed her by killing two of her dogs in a row. They told her that if she did not stop wearing the helmet, they would kill her dog, and they did.

That information Gary is true and it is not psychosomatic. Besides, you are not a psychiatrist, have never met these people, have never talked to me or any investigator, so you are not qualified to make such a statement.

April 1, 2011 7:45 PM

Michael Menkin said..

Gary's got to get one thing straight, we are dealing with real aliens from space, not anybody's imagination and not what Gary thinks aliens are or how aliens behave.

I have people who wear the helmet night and day and stay in their homes and drive around and they tell me that the helmet does work.

So Gary's thinking, like the following, is wrong. He does not accept the situation nor what I report.

The aliens know where the people are, but since they can't communicate with them and they can't control them, they don't take them.

Again, the aliens don't behave like humans or how Gary thinks they should behave. Gary has never talked with me or anybody I work with, so I doesn't even understand the concept of telepathy.

This is his garbage.

The idea that aliens would forget where they parked and are dependent upon

psychic ability alone, that they would be highly advanced but not advanced enough to do rudimentary recordkeeping allowing them to repeatedly return to the scene of their crimes is, of course, ludicrous. Equally ludicrous would be the claim, implicit in Menkin's documentation, that his client would not have to relocate, in addition to wearing the helmet, to prevent the abduction.

Again Gary, if the aliens can't communicate with you or control you, they don't take you. They don't behave like humans or how you think they behave.

April 1, 2011 7:55 PM

Michael Menkin said...

This statement by Gary shows his faulty thinking:

But in order for the Menkin Helmet to perform that function adequately, it would have to have the capability of not just blocking Alien thoughts, but erasing Alien memory, erasing Alien hard drives, and erasing Alien address books.

I report what the helmet does, how the aliens react to it and what abductees tell me. It is Gary who makes up stuff.

His stuff is propaganda fiction to discredit the helmet which he has made up and has no basis for.

He has also never made a helmet, nor has he ever interviewed a real alien abductee.

April 1, 2011 8:04 PM

Michael Menkin said...

Michael Menkin is a member of Phi Kappa Phi, not Phi Beta Kapa.

April 2, 2011 7:45 AM



Emma@ufoalienabductee.com said...

"He just focuses on Emma Woods, whom I never talked to and who refused to talk with me."

Dr. Jacobs acted as a go-between in the communication between Mke Menkin and myself. From memory I do not recall Dr. Jacobs ever asking me to talk with Mr. Menkin.

The testimonials on Mr. Menkin's website may not be accurate. As described in the post above, Mr. Menkin retained a completely inaccurate account of my case on his website long after I had told him that it was inaccurate.

In addition, Mr. Menkin fails to disclose in his account of Elizabeth Smith's use of the helmet that Brian Reed, who was working with Elizabeth during her alleged events recounted on Mr. Menkin's website, came to the view that she was making it up. Not only that, but that he set a test for her and caught her out. He told Mr. Menkin this. But Mr. Menkin makes no mention of this anywhere. It is quite an omission.

April 3, 2011 12:42 AM



Emma@ufoalienabductee.com said...

In regard to the physical symptoms experienced by some abductees who wear the helmets, I know that is real because I had that myself. However, I think that the most likely explanation is that the helmet itself causes the symptoms.

At the time, I thought that the nausea and head spinning that I experienced might have been caused by the heat generated on my head from the layers of plastic lining in the helmet.

However, I have since read Mke Menkin's account of the beneficial effects of the helmet on people suffering from epilepsy and recovering from a stroke, as well as on autistic children.

I now wonder whether the electrical insulating property of the velostat lining might affect the electricity of the brain, thereby causing both the beneficial effects on people with epilepsy, autism and recovering from stroke, as well as the headaches, nausea, head spinning, loss of balance, and so on experienced by abductees wearing it.

April 3, 2011 1:05 AM



Gary Haden said...

Mr. Menkin writes: "I make helmets and send them all over the world to people for free, and it takes me over four hours to make one, not three as

Gary lied."

I can't locate the claim I'm supposed to have made that it takes 3 hours to make a Menkin Helmet in the above post.

Perhaps I lied in an alternate universe version. In the which case, I apologize.

April 4, 2011 7:43 AM

Gary Haden said..

If Mr. Menkin is confident of his data, I suggest he share it with his local social services department by way of testing it.

The test being, if children are being abducted, what actions are parents taking to protect them? Were the authorities notified? Does Mr. Menkin have in his possession the police reports?

Abduction is a crime, not a science fiction game.

If parents cannot protect their alien-abducted children, and refuse to notify the authorities, is the Menkin Helmet an acceptable alternative according to child welfare professionals?

Auseful thought experiment to consider would be this: Would Mr. Menkin's solution be upheld by social services departments or would it subject the parents of the victim child to scrutiny as to whether they were fit to raise children?

And the ability of the parents to prove alien abduction would be crucial in determining whether, if false, the abduction theory constituted child abuse in the form of subjecting immature psyches to massive amounts of toxic paranoia.

I would suggest that deployment of the Menkin Helmet in the case of young children could pose a lifelong risk, through the possible subjection of children to continual paranoid-schizoid fantasy, of mental impairment.

That may be good for mass production of abduction research corroboration but it can potentially disfigure the children psychologically.

And needlessly.

April 4, 2011 8:07 AM

Michael Menkin said..

Emma Woods is a liar. Emma Woods would not qualify as an abductee for me to work with. Emma refused to provide her phone number when I asked for it, which automatically disqualifies her as a person to work with. I have very strict guidelines for working with abductees. I never heard of Emma Woods until I questioned Elaine Douglas about her.

I believe Emma Woods never wore the helmet. She is lying about everything else.

The helmet does work. I've been making them for eleven years.

Stopabductions.com states it takes four hours to make a helmet. It's on the website, Gary.

The authorities refuse to recognize that the children are being abducted. I would like social services to work with me. People don't behave the way Gary thinks they should behave. The school has looked at aliensandchildren.org but refuses to discuss it with the parents.

Gary keeps saying, "why don't they do this or behave like this?" They don't, Gary.

I never heard of Elizabeth Smith. Emma Woods is a total liar.

See the video of the woman and her daughter on aliensandchildren.org. I talk with her several times a week and she wears the helmet 24/7 and says it works.

I talk with other abductees on a regular basis who tell me that the helmet works.

I never kept an account of Emma Woods because Professor Jacobs never told me her name. Emma Woods is a complete liar. I have no account of Emma Woods at all.

I never knew who wore either the leather helmet or the hard hat liner helmet. That is the truth. Professor Jacobs never told me. I have almost no account of what happened. I was just told that the hats could not be worn.

I think Emma Woods was lying and never wore the hats.

All of the case histories are correct. All of the testimonials are correct.

Emma Woods is a total liar. There is nothing more to say about her.

The parents of the children are very thankful for me for making the helmet for them.

The school authorities refuse to deal with the unknown and refuse to acknowledge it, even when the children go missing at school.

Children are reported missing for an hour or more but the parents can't do anything about it.

You are lying so much that you are tripping over yourselves.

This is the statement on the case history page:

Names of abductees are withheld for confidentiality and to prevent harassment from skeptics. See "Intruders Foundation" website for Budd Hopkin's comments on harassment from skeptics.

There are no names on the site.

How do you know that the testimonies on my site are not accurate if you don't know the names of anybody and you have never met them and have no idea of who they are?

Come on, you are both lying through your teeth.

The so-called incident about Brian Reed is a total fabrication. It never happened. The helmet does work. Nobody I work with fakes it.

For some proof of alien abductions, see the drawings on aliensandchildren.org and the NBC TV video.

I still make helmets and will get more evidence of alien abductions.

April 5, 2011 9:19 PM

Michael Menkin said..

Come on, Gary, you are speaking nonsense. Social Services departments refuse to acknowledge alien abductions.

April 5, 2011 9:21 PM

Michael Menkin said..

Almost all of the abductees I send helmets to, I find myself, or they contact me through my website. Marilyn Ruben sent me one abductee, Dave Jacobs sent me two abductees years ago, Kentucky Mufon found two abductees and Texas Mufon found the woman and her children. Those are the only alien abduction investigators I worked with. Almost all of the over 100 abductees I've made helmets for are from my own efforts.

April 5, 2011 9:26 PM

Michael Menkin said..

Upon checking my records I never worked with a woman named Elizabeth Smith and I never worked with a man named Brian Reed. It's a total fabrication. Emma Woods is a complete liar.

The people I work with tell me that the helmet works. I just made a helmet with 12 sheets of velostat and sent it to an abductee in the UK and he says it works. I made a stronger helmet because he felt he needed it. The construction process took seven hours and I sent it to him for free.

I am going to get real proof of alien abductions by doing this.

April 5, 2011 9:34 PM

 Gary Haden said..

Mr. Menkin writes:

"Come on, Gary, you are speaking nonsense. Social Services departments refuse to acknowledge alien abductions."

Then by your own admission the proposition that you are protecting children cannot be tested. That affords a convenient continuum from the base presumption you make: that aliens exist and that their advanced technology makes their existence impossible to prove—another untestable hypothesis.

That makes you a religious figure, sir.

Your responsibility, Mr. Menkin, when you advocate traumatic therapies such as hypnotic regression to recover episodes of abuse and torture, which you do by working with Hopkins-Jacobs, is to prove the existence of the torturers. You assert these crimes are being committed yet nowhere on your website is any documentation that you ever notified the police.

Your refusal to do so is evidence of your unspoken acknowledgment that the aliens are not real.

It is okay with me if you play games. You can provide nonlocal explanations for people's thoughts if you wish. It is bad enough that adults get suckered into this religion, but they are responsible for the messes they get themselves into.

I just don't think you should be involving children in your fantasies.

So, now, sir, I demand you produce the alien beings you protest of by way of justifying what you do. This involves more than just a photo. This involves the being. You are making extraordinary claims only extraordinary, CONCLUSIVE evidence could justify.

I eagerly await your appearance by the side of the said Being at a National Press Club Conference.

April 6, 2011 7:37 AM

e Gary Haden said...

Mr. Menkin wrote:

"Upon checking my records I never worked with a woman named Elizabeth Smith and I never worked with a man named Brian Reed."

These are pseudonyms. Clever of you, Mr. Menkin. You wouldn't be using their pseudonyms in the actual file, now would you? That makes what you said above true but here is how your trick works:

I AM LYING.

Am I lying or telling the truth?

That's an old logic game. I'm impressed.

April 6, 2011 7:42 AM

Carol Rainey said...

I find it impossible to keep a straight face in addressing the manufacture and marketing of these pseudo-scientifically described helmets. Mr. Menkin was encouraged in his endeavor by a master of pseudo-science: David Jacobs, PhD. He refers to Menkin and his work with these profound scientific insights: "And he [Menkin] figured out that ... the way in which you can try to stop abductions, is to prevent them from ... controlling you. And, he understood ... obviously, that this was a neurological situation. And he understood that some sort of energy was being used to do that. So, what he did was he began to make caps, helmets, hats.."

So we have some vague notion of "a neurological situation"—whatever the hell that means—posited by Dr. Jacobs, along with "some sort of energy"—whatever the hell that means—as the operative mechanism of alien thought control. Jacobs and Menkin have thus _nailed_ the problem and promptly proceeded to implement potentially damaging instrumentation on living human beings without having gone through the obligatory steps that science has developed over centuries for the reliable getting of knowledge. Those scientific steps include hypothesis formation, review of similar work being done by other researchers, development of a research proposal, approval of the proposed work with human subjects from an oversight committee of peers (the IRB), implementation of the proposed solution to the established problem, and peer review of the research results. These steps are safeguards, folks, not meaningless hoops or hoopla. They help protect us from having to swallow bunk for breakfast.

There's also major gap in logic here: Jacobs and Menkin have utterly failed to establish the problem of alien mind control as a real-world, material problem requiring a real-world material leather and tinfoil hat. Wouldn't you think that might be a fine starting point? Instead, they have popped up a vaguely defined hypothesis of why people do what they seem to do and proceeded straight to implementation. The results are absolutely, quantifiably meaningless.

I go with Gary's suggestion that people feel better using the hat just as people taking "a pill," any kind of pill, often feel better. They took an action and that helped the feeling of powerlessness. Good for them: whatever works and doesn't harm (although this action just might).

Also good for Mr. Menkin? It would be interesting to know how many of these Victorian circus items Mr. Menkin gives away and how many he profits from....

April 6, 2011 9:12 AM



Emma@ufoalienabductee.com said...

"Upon checking my records I never worked with a woman named Elizabeth Smith and I never worked with a man named Brian Reed. It's a total fabrication. Emma Woods is a complete liar."

As Gary Haden says in a previous comment, "Elizabeth Smith" and "Brian Reed" are their pseudonyms.

In my opinion Mike Menkin almost certainly knows this. If that is the case, then his statements here are pretty low down, as he will know for an absolute fact that what I said is true.

For a long period of time Mr. Menkin refused point blank to remove his inaccurate account of my case from his website. He only removed it shortly before Brian Reed was interviewed on the Paraopia show. In my opinion, that was probably the reason. If that was not the case, then I would be interested to know what the reason was.

April 8, 2011 6:32 AM

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